This natural process by help of craft thus consummate,
Dissolveth Elixir spiritual in our unctuous humidity,
Then in balneo Mare together let them be circulate,
Like new honey or oil, till perfectly they be thickened,
Then will that medicine heal all infirmity,
And turn all metals to Sun and Moon perfectly,
Thus you shall make the great Elixir, and *Aurum potabile,*
By the grace and will of God, to whom all honour and glory

Wishing by all means possible to profit the Kingdom and State,
Mr Rabbards hath dedicated this work to her Majesty

i$tb May THE * CENTURION'S ' FIGHT WITH FIVE SPANISH SHIPS

There has returned to London the *Centurion,* commanded by Mr Robert Bradshawe, a very tall ship of burden yet weakly manned, that m November took a cargo to Marseilles Here the master waited for about five weeks, and being about to sail, some ships of smaller burden entreated him to stay a day or two longer so that for their better safety they might sail in company, vowing together that they would not fly from each other if they should happen to meet with the Spanish galleys, but rather than be taken by the Spaniards to endure their accustomed cruelty, would fight it out to the end

These small ships sailing along the Straits of Gibraltar upon Easterday, were suddenly becalmed, and immediately five galleys made towards them in very valiant sort, the chief leaders and soldiers bravely apparelled in silk coats, with great plumes of feathers in their hats and silver whistles round their necks By ten o'clock they came up alongside the *Centurion* and grappled with her, two on either side and the Admiral at the stern which

with her shot so sorely galled and battered the *Centurion* that the mainmast was greatly weakened, the sails filled with many holes, and the mizzen and stern almost unserviceable In each of the gallies were about five or six hundred Spaniards, on the *Centurion* but forty-eight in all, men and boys

For five and a half hours the fight continued, during which the trumpet of the *Centurion* sounded forth the deadly points of war and encouraged them to fight against their adversaries, but on the Spaniards' gallies there was no music, only the sound of the